

C.G.S. LUNCH 2019 OCT. 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Meals are free	GRAB AND SERVED	GO DAILY		1 Chicken nuggets French fries Ketchup, bread Applesauce Milk	2 Pizza Cinnamon apples Broccoli/ ranch milk	3
4	5 Sausage patty Biscuit, pears Country gravy French fries, Milk, ketchup	6 Chicken fettuccine Green beans Dinner roll Applesauce, milk	7 Chicken nuggets Baby carrots/ ranch Cheese stick Fruit, bread milk	8 Taco salad, lettuce Sour cream, cheese Peaches, milk Broccoli/ ranch Bug bites	9 No School	10
11	12 No school	13 Hamburger on bun Fries, ketchup Pears, pickles Mustard, cheese	14 Hot dog on bun Chili, corn chips Baby carrots/ ranch Fruit, milk	15 Pizza Green beans Cinnamon apples Milk	16 Bbq rib patty on bun Baked beans Peaches, pickles Graham crackers Milk	17
18	19 Mini corn dogs Baked beans Cheese stick Peaches, ketchup milk	20 Chicken nuggets Fries, ketchup Pears, milk Scooby doo snacks Bread	21 Pizza Carrots Yogurt Applesauce milk	22 Toasted ravioli Salad, cheese stick Broccoli/ ranch Scooby doo snacks Milk, peach cup	23	24
25	26 Chicken fettuccine Corn, dinner roll Mixed berries Milk	27 Meatloaf Baked beans Mini pie, bread Peaches Milk	28 Sandwich Baby carrots/ ranch Cheese stick Fruit Milk	29 Spaghetti/meat sauce, cheese Bosco stick Green beans Pears Milk	30 Taco salad Sour cream, lettuce Broccoli/ ranch Shredded cheese Applesauce Milk	31